

# E.C. Fortnightly

Issue 25

July 18th 2018

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## What's the Elders Council doing?

**The AGM** was held on Monday July 16th at the Civic Centre Newcastle. It was well attended by 77 people including guests.

The programme of events started with the chair's report, which included presentations from Elders on Housing Voices, Urgent Care, Active Voices and the Milecastle.

This was followed by a presentation of Accounts 2017-18, acceptance of the Minutes of the previous AGM and finally the Election of Trustees.

After the business meeting there was a Question Time Panel, comprising of our Patron John Grundy, Professor Tom Sharf from Newcastle

University, City Councillor Habib Rahman and Douglas Rennie, representing Tyne and Wear Citizens.

The panel was ably led by Professor Rose Gilroy with valid questions from the audience. Our panellists gave very thoughtful answers to our challenging questions, giving the Elders Council food for thought for its future programme.

No heckling was allowed!

The Annual report should be available on the Elders website soon, please take a look.

Our thanks for a successful AGM go to all the Planning and Coordinating team, who did a sterling job and ensured it was without a hitch.

### **Homes that Help: A personal and professional perspective on home adaptations**

Elders Council is a partner in this research project on lived experiences of home adaptations, commissioned by the Centre for Ageing Better. The research report is now [available here](#).

The Elders Council will continue to work with our partners – Northumbria University, Newcastle City Council and North Tyneside Council – to ensure that the findings from the research have an impact on policy and practice.

### **Activity Day – West Denton Community Centre**

Elders Council took part in the Activity Day organised by Chain Reaction (Search Project) at the West Denton Community Centre on July 10th. It gave us an opportunity to network with organisations and to engage with older people living in the area.

### **Memoryscapes workshops**

In June a number of EC members attended a very enjoyable workshop which demonstrated how certain events and places stick in the mind. Props were provided by Tyne & Wear Museums and included items from the two World Wars, the history of Newcastle United and artefacts from Roman times.

On separate tables items were viewed and comments were noted by the organisers.

The aim of this project is to influence the design of public spaces by bringing such props out of museums, so that everyone can see and touch them. Hopefully this would jog memories and stimulate ideas, apart from the Roman era! The architects responsible for the redevelopment of Northumberland St. are partners in this scheme which is why the Elders Council are taking a particular interest.

The fear is that without input from our members, new developments could easily cause important items, places and even events to be forgotten.

See **Dates for your Diary** below for further workshop details.

**Newcastle Disability Forum** recently celebrated their 30th anniversary and the Elders Council was invited to join them on the day. It was an enjoyable afternoon meeting their members and we send them our best wishes for the next 30 years.

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## Dates for your diary

**Newcastle Parks and Allotments** A meeting has been arranged for 1230 hrs on **Saturday July 21st** at Jesmond Dene Visitor Centre to consider recent proposals. [Click here](#) for more information and reading materials.

### MemoryScapes

Further to the earlier reported activities under 'what's the Elders Council doing' another two workshops are being held in **August**, dates and locations [attached here](#)

**Urgent Care review** Newcastle Gateshead CCG will be sharing their findings of the review carried out earlier this year, together with proposals for the future. Dates in **September** are now available to [book here](#) so don't miss the opportunity to join in and make your views known.

**Dance City Newcastle** have an action packed [summer events page](#) for you to consider. It would be ideal for friends and family to visit.

**Stephenson Railway Museum** [summer activities programme](#) for the school holidays, ideal for somewhere to take younger family members for the day.

**BIG SCREEN ON THE GREEN** at Eldon Square **23 July to 2 September**. Movies and sports events: [schedule available here](#)

**Robots Then and Now** until **December** at the Life Science Centre. A family-friendly exhibition. Entry cost, dates and times [available here](#)

**Blood Moon July 27 and 28th.** For night sky watchers, this is alleged to be the longest total lunar eclipse of the 21st century. Check out the [details here](#) but ensure you follow safety viewing advice.

**Wellbeing for Life** are hosting a [Summer Celebration](#) on **August 1st**.

**Not acting our age: challenging gender stereotypes and celebrating life on July 23rd** at The Boiler House, King's Road, Newcastle University [register here](#)

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## Opportunities

### **Blackett Street Newcastle**

Lets Talk Newcastle would like you to complete [this survey](#) about your recent visits to this area. You should not be required to register or log in with this link.

**Information Now** have published an interesting article on the benefits of [volunteering](#) within your close community or further afield. There are many different ways to be involved, even from the comfort of your own home. You do not have to be an expert, just have a willingness to communicate with others more.

**The Great Exhibition of the North** is the country's biggest free event in 2018 and is now in full swing until **September 9th**. See amazing exhibits such as [Stephenson's Rocket](#) at the Discovery Museum or Helen Sharman's spacesuit and John Lennon's favourite piano at [The Great North Museum](#). Enjoy new artworks at the [Baltic](#) and [Laing Art](#) galleries. Marvel at the future innovations and designs in technology, visual reality and smart homes at [Science Central](#) and the [Multiverse Arcade](#) at the Mining Institute. Find your favourites from a [Full programme of events](#).

## **Women of the North**

Do you have a powerful story to tell either in words, motion or pictures? The Company of Others are looking to create an 'ode to Northern Women' More information is [available here](#) and submissions are needed by **August 6th**.

**Search Newcastle lunch link** weekly opportunities are [available here](#) to view.

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## **Information**

### **Tyne and Wear Metro**

A planned upgrade of the metro control centre will take place over the weekend of **August 4/5th**. Please ensure that you read the [attached document](#) with full closure and alternative journey details.

### **NHS England**

Keep up to date with the latest [In Touch Bulletin](#)

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