

E.C. Fortnightly

Issue 52

11th August 2019

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What's the Elders Council doing?

Our apology

Many of you will have noticed the error in the hard copy of the newly released magazine (Issue 86). The mistake was made by the printer when page 10 of the current magazine was substituted for page 10 of the previous magazine thus removing the first page of Vera Bolter's obituary.

The editorial team are very annoyed and upset that the error happened at all, but especially as it ruined the obituary to such a long-standing EC member and remarkable woman. Steps are being taken to redress this mistake with the printer although a new print run isn't possible. Those of you who take the magazine as an e-magazine have the correct version. We do apologise, particularly to Vera's family and friends, and hope despite this you still found the magazine a good read.

Working with Independent Age

Elders Council has been invited to work with Independent Age to develop their strategy for the services, support and campaigns they will deliver over the next 5 years. There are two ways in which you can get involved:

Join us on Tuesday 20th August – 10.30 am – 12.30 pm in Good Space, Commercial Union House, Pilgrim Street for an informal discussion. There is nothing to prepare in advance, it is a chance to explore what issues are most important to older people. This conversation will also help Elders Council as we develop our own plans. If you would like to attend please email barbara.douglas@elderscouncil.org.uk or call 0191 208 2701.

Or, you can complete a short survey which should take no longer than 15 minutes and is anonymous
<https://www.surveymonkey.co.uk/r/J32RY2L>

Transport Working Group.

This is a reminder that the next meeting of the Group is Wednesday 11th September 2019 in Room 20, 2nd Floor, Good Space, Commercial Union House, Pilgrim Street, NE1 6QE from 2.00-4.00pm.

There will be two Guest Speakers from Newcastle City Council, Michael Henning FRICS (Project Manager, Capital Projects) and Lauren Shaw (Senior Specialist Transport Planner)

Michael will be presenting the next phase of proposed improvements at the Central Station and Lauren will be telling us about the Christmas Market proposals for the City.

Both are exciting developments for Newcastle and we look forward to hearing about them in more detail.

If you wish to come to the meeting, or send your apologies, please contact barbara.douglas@elderscouncil.org.uk in sufficient time so that suitable resources are available.

Making a Noise for Older People's Day (Creating Banners and Songs)

Thursday 22nd, 29th August, 12th September from 1:15 - 4.15 pm.

Thursday 19th September from 10.15 - 4.15 pm (Lunch provided on this full day).

At the Grainger Market Arcade, Unit 12/13 (opposite Olivers cafe)
Newcastle upon Tyne NE1 5QQ

Free Course of 3 half days and 1 full day

Please book your place with Jude at jmurphy@wea.org.uk or telephone 0191 2126100.

Co-ordinated between the Elders Council, the Workers Educational Association and Newcastle University, to make an impact during Older People's Month (9th October).

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Dates for your diary

Books

Do you enjoy reading and talking about books? There are many Book Clubs across the city, in Libraries as well as other venues, and a new one is starting in the newly refurbished Fenham Library. The very first meeting is on **Monday 2 September at 11.00** and every first Monday of the month after that. They are eager to welcome people and the cup of tea/coffee is on the house!

'I love the 80's' Party

Saturday 21st September 7.30 pm until late at the Nine Bar, St James Park. Prizes for fancy dress winners.

Support **Search** by going along and having a great night out!

Tickets are £5pp and available to buy at www.supportsearch.uk

Fenham Library

Did you know there is now a small cafe there which is open every day 9am-3pm serving light meals, snacks and drinks. The library also hosts a Knit and Natter group every other Friday from 1-3pm. The next date is

Friday 16 August. A small amount of wool will be given to get you started so take your knitting needles and join in.

This library also hosts "Dying to meet you" in the cafe every first Wednesday of the month 10.30 am-12 noon. A team from Marie Curie will be there to create an informal, safe space to talk about death, dying, loss and grief.

Blackett Street Summer Weekend Closures

Don't forget that each weekend until September 1st, Blackett Street will be closed to traffic all day on Saturday and Sunday.

You can find details of bus stop changes on the [Nexus website here](#)

Newcastle Allotment and Garden Fete 2019

Saturday 14th and Sunday 15th September 11.00 - 5.00 pm at Leazes Park Newcastle. There will be something for everyone to enjoy. Further [details can be found here](#).

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Opportunities

Men's Pie Club Survey

Food Nation have been running a programme called Men's Pie Club in order to improve men's health by creating opportunities for men to come together, meet new people and create long lasting friendships (whilst learning some new cooking skills along the way!) They want your opinion on what should happen next. Please complete [this survey](#).

A chance to support Newcastle United Foundation

Andrew Patterson, an MBA student at Newcastle University is doing a project with the Newcastle United Foundation seeking community views on a proposed new community centre on the site of Murray House, just a goal-kick away from St. James' Park. To see information on this project, please see this link: <https://nufoundation.org.uk/teamup/> By completing this 18 question survey which should take no longer than 5 minutes, you can enter to have the chance to win **2 Newcastle United Matchday Tickets** (Dates subject to availability). [Here](#) is the link to the survey.

WANTED!!!! Local History Groups in Newcastle, Gateshead and South Tyneside!!!!

Would you like to be part of an amazing project celebrating the 40th anniversary of the Great North Run?

If you would like more information and to get involved please contact amanda.drago@greatnorthrunculture.org or telephone 07944 994405.

Active Health

This service offers support to people who have a health condition where exercise is recognised as being beneficial. It's also for people who want to lose weight in a healthy way. This is a 12 week programme and it is free of charge. You CANNOT self refer. Your G.P., Practice Nurse or other Health Professional can refer you to this service. Contact the Active Health team by phone 0191 278 8558 or e-mail

Physact@newcastle.gov.uk

Information Now - Community Cafes for all

Click the link to [Information Now](#) to find out where there is a cafe or activity near to you. Join in where you can, don't be a statistic!

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Information

Travel Tip from an Elders Council Member

There was a tiny article in WHICH magazine that if you wear a hearing aid you are entitled to a Disabled Persons Railcard. Newcastle Central Station can provide a green and white leaflet explaining how to apply. It costs £20 a year (£30 for a Senior Railcard) with 1/3rd off rail fares for you and a companion.

You can check out the eligibility regulations on the following website.

<https://www.disabledpersons-railcard.co.uk/are-you-eligible/>

The Golden Guide 2019 for Newcastle and North Tyneside is now available on the [attached website](#).

Newcastle City Council - Air Quality Plans

Following over 20,000 responses to this survey early in 2019 NCC have produced the [attached reply](#) to the Government. Does this reflect your views or would you like to see further recommendations?

NHS News and Updates

Future Health and Care Issue [24th July 2019](#)

Future Health and Care Issue [20th July 2019](#)

Future Health and Care Issue [7th August 2019](#)

In Touch Issue 94 [12th July 2019](#)

In Touch Issue 95 [26th July 2019](#)

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