

E.C. Fortnightly

Issue 26

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What's the Elders Council doing?

Communications Working Group. Volunteer members currently operate a monthly radio programme (next on air Friday August 3rd, see below) a quarterly newsletter, fortnightly e-bulletin, facebook page and youtube videos. The website is facilitated from the main office. There have been many technical challenges recently but thanks to the help and support from Newcastle University PHD students, we are all increasing our knowledge of these processes. Are you interested in joining any one of these teams and would like to learn about, or increase your knowledge of, these topics? You can get in touch with the office or one of the volunteers to find out more.

Older voices: The Elders Council radio programme has changed its name from Everyone's tomorrow – today! to Older voices. It will still be

broadcast on the first Friday of every month from 2 to 4 in the afternoon on wavelength 102.5fm but now non-copyright excerpts from each show will be uploaded to YouTube. The team has already put some bits on to the site: just go to youtube.com and click on "elders council Newcastle". Happy listening!

A new Cultural Plan for Newcastle: The Elders Council was recently invited to take part in an Open Discussion, which took place at Northern Stage, and included people from a range of organisations across the City. An evaluation of the responses will now take place and we await further information regarding the proposed plan and further consultations.

'What is Frailty': Several members responded to the call for older people to give their views on the use of the term "Frail" in relation to visits to GP and hospital. We were given 4 questions "before and after" the talk to complete. The talk was informative and next time you visit your GP you may want to ask where, if at all, you fit on the Rockwell scale of frailty. We were told the information would be collated and we would hear at a later date what had been found from this, as well as a similar information session with Gateshead Older People's forum.

Active Voices: An Elders representative was invited to join a lunch meeting last week with a group of South Asian ladies, some of whom have recently completed a course with our WEA and Newcastle University collaborators. This was a valuable insight into how they have created an opportunity to meet up regularly and share stories. When the ladies told their experiences of attending the course many others expressed their interest to join in. The Active Voices working group will be meeting soon to discuss this, along with dates for future courses.

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Dates for your diary

MemoryScapes

Following an article in Issue 25, a further two workshops are being held in **August**, dates, locations and free registration details [attached here](#)

Great Exhibition of the North:

Interesting [exhibits and experiences](#) for you to share with family and friends this summer. In particular the Family expo at St. James Park [this weekend](#) 4/5th August

Newcastle Gateshead Cultural Events are [shown here](#) and you can sign up for regular emails.

Dementia Friendly Cinema at Tyneside Cinema

The next screening is on **Thursday 30 August, 1:30pm - Yellow Submarine**: [Click here](#) for more information and booking

[Flower Festival & Exhibition](#) will be held at St. Hilda's Parish Church, Jesmond in September

The Mile Castle is the venue for our next social meeting on Wednesday August 14th from 10-12 and you can book your lunch at the bar if you wish to stay on for a chat afterwards.

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Opportunities

Workers Education Association Newcastle are offering free taster sessions for their autumn programme on Sat 13/10/2018, 10:00 - 14:00, Three separate and varied one hour sessions, with a free lunch. For more information contact Noreen Hall by [Email](#) or Tel. 01912126100

Josie's Dragonfly Trust are looking for [volunteers](#) to assist with fundraising and event support. They are also arranging a [fundraising weekend](#) event in September at Hadrian's Wall.

Action Foundation are hosting an open event on September 4th 1730-1830 for anyone interested in providing short term accommodation for asylum seekers [click here](#) to register and for more information. They are also looking for [volunteers](#) to provide support.

Newcastle Airport are seeking local views about their future Master Plan and you can view the report and complete the [survey here](#).

VOICE Global upcoming research and information opportunities are [available here](#).

Great Exhibition of the North are looking for 100 women and 25 men to be involved in the spectacular finale of this event. Is this for you? If you are interested [click here](#) for more information and contact details

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Information

Newcastle Gateshead CCG have released their [Urgent Care](#) findings from the consultations earlier in the year. Please read this as your area may be affected by these proposals.

Newcastle Airport can provide a [Hidden Disability Passport](#) and recently released details of [Lanyards](#) which are now available, on request, to ensure assistance is provided throughout your airport journey.

UK Government have recently released information about changes to the [Blue Badge](#) regulations to benefit those with hidden disabilities, where appropriate.

Information Now e bulletin is [available here](#) and did you know that you can sign up for a copy direct to your email address? Don't forget to check out the website itself which is packed full of information www.informationnow.org.uk.

Northumbria Police have recently documented they are tackling [Hate Crime](#). Are you aware of the terms of this crime and how it may affect you? You can also sign up to receive regular [neighbourhood alerts](#) from NP.

[A New Narrative on Ageing](#) we thought you might like to see this document which recommends that society's views on ageing needs to change. We love a debate so, if you have any views on this, please send an email to our [bulletin address](#)

NHS England regularly publish details of their work and you can view the latest about [Integrated Care](#)

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