

E.C. Fortnightly

Issue 22

June

Contents

- [What's the Elders Council doing?](#)
- [Dates for your diary](#)
- [Opportunities](#)
- [Information](#)

What's the Elders Council doing?

Do you want to continue to be a member?

We have reminded you in the newsletter and a previous EBulletin that if you wish to continue to be a member of the Elders Council and receive the Newsletter and the EBulletin you must complete the General data Protection Regulation form sent out to in the last Newsletter. We know you probably have received several (even many) requests but it is vital you complete and return it to us. We will have to assume you no longer wish to have contact if we don't hear from you. If you've lost your form please contact the office, contact details at the end of this EBulletin. (The office is not manned for the next week and a half so please be patient.)

Future Homes

This is the exciting project where homes are to be built on the Science Central site. The group is now registered as a community interest company at Companies House. The Elders Council has a member as a director of the company. There will be a stand as part of the Great Exhibition of the North so you will be able to see more then. For more information click on [homes](#)

Volunteering

We will be joining other organisations to show what we do and see what others do this coming Saturday at Good Space, Commercial Union

House. By exchanging information and being more knowledgeable about organisations we can help direct people to places that may interest or be helpful to them.

Health, Housing and Social Care

One of the members of this group recently attended the latest Newcastle Gateshead clinical Commissioning Group (CCG) Patient, Public and Carer Engagement Forum. This will be reported back to the Housing, Health & Social Care Group.

A small group are meeting next week to speak with a member of staff from Northumbria University. We will be discussing ways we could help with the training of students who will become social workers. There are arrange of ways we could potentially help and it means students do hear from those similar to people they will meet in their future career. We will all gain from the experience.

Older Person Friendly City (OPFC)

This group of the Elders Council looks at aspects of Newcastle that could make life easier or more attractive to older people. We give feedback to designers at the city council and others with suggestions as to how things can be improved to make life easier for everyone - with particular reference to the needs of older people.

Our next meeting is on Monday 9 July 2018 at 10.30am at Commercial Union House, Pilgrim Street. We work closely with the Transport group as there is often considerable overlap between the groups.

Anybody who feels they may be interested would be welcome to join. Contact me on: phone 07751567434 or johnbtelfer@blueyonder.co.uk

Ageing 2.0 Chapters

Two members attended the launch of this group. As you can see from the spelling it originated in the U.S.A. but they are interested in working with the ageing agenda. The first meeting was mostly networking with four brief case studies of what's happening here. Much of the work is around development of useful technology.

[Return to the top](#)

Dates for your diary

Hamlet

A chance to see an outdoor performance of Hamlet performed by The Three Inch Fools at Alnwick Castle on Sunday, 10 June 2018. The performance starts at 7:00 p.m. at Alnwick Castle, Alnwick, Northumberland NE66 1NQ England

Great Exhibition of the North (GetNorth)

It's Rocket Science

Robert Stephenson's 0-2-2 locomotive Rocket and an exhibition

This summer get up-close to one of Britain's (if not the world's) most famous feats of engineering, that was made right here in Newcastle.

Manufactured in 1829, this is the first time that Rocket has returned to its birth-place since it was presented to the nation 156 years ago.

This is a ticketed event, which includes entry to the premium viewing area and exhibition to find out more click on [free tickets](#).

Friday 22 June - Sunday 9 September Discovery Museum Donations welcome.

You can find out more about events for the Great Exhibition by going to [getnorth](#)

St James and St Basil's Church

This church hosts a wide range of music events sometimes a lunchtime concert and several in the evening. The next noon concerts feature the Gentlemen of St Nicholas Cathedral Choir on 9 June; and on the 23 June the North Wind Quintet. For more information click on [church](#)

[Return to the top](#)

Opportunities

Holocaust Memorial Day 2019

The theme for Holocaust Memorial Day 2019 is 'Torn from Home' and Newcastle City Council are looking to engage people affected by the Holocaust and the genocides in Rwanda, Cambodia, Darfur, Burma (Rohingya Muslims)

Applications for grants of up to £2,000 are invited from organisations that would like to contribute to the Holocaust Memorial Day programme in Newcastle in 2019. There is an application form to complete but you are advised to contact: Alison.flanaganwoods@newcastle.gov.uk or Andrew.rothwell@nwecastle.gov.uk for further information

All applications to be received by 5.00pm, Friday 29th June 2018.

Lunch Links

Are you over 55 and seek regular company? Why not join Lunch Links Monthly Outings Group Once a month on a Wednesday, meet us at The High Main, Shields Road, Byker - board the bus at 10.30am and join the fun! The next outing is: Wednesday 6 June to Morpeth Market

And on Wednesday 25 July to Newbiggin by the Sea

Enjoy a bite to eat then hit the shops, take a walk or just enjoy the views Please note: There is a £5.00 non-refundable deposit to reserve a place on the transport; for more information please ring: 0300 300 7070 (charged at local rate) and ask for Joanne or Trisha

This group no longer run the Breakfast Club.

An Apology

We gave an incorrect website in the last EBulletin for the new walk around the boundary of the Tyne and Wear Metropolitan District.

The correct address is: www.tynewearheritageway.org.uk

Voice

There are a couple of items that you may be interested in. An opportunity to help research into Rheumatoid Arthritis; follow the link for more information [arthritis](#)

There is also some research into investigating factors around unintentional weight loss and frailty in older age; again follow the link for further information [weight loss](#)

Equal Arts

Creative Age Challenge

To help launch our celebration of creativity in dementia and the community, people are invited to take part in our 100 word story chain challenge from 2 June 2018. Simply click [here](#) read the latest entry and take it from there with your own 100 word piece of text. Or people can also attend a creative age challenge event at Hatton Gallery on 7 June from 2pm till 4pm.

[Return to the top](#)

Information

Information Now

Arranging a funeral and planning ahead.

Both the Treasury and The Competition and Markets Authority (CMA) have announced that they will be launching separate reviews of the funerals market to ensure that customers are getting a fair deal. The cost of a funeral can be in the region of £2k to £4k with extras amounting to as much as an extra £2k. If you have a direct cremation then the cost may be below £2k.

The CMA will be checking that funeral directors are providing fair and transparent pricing and checking how pricing has changed since early 2000. However, the Treasury is separately proposing that pre-paid funeral plan providers come under the regulation of the Financial Conduct Authority (FCA) rather than the FPA which was set up by the Industry. There are claims that older people are misled into taking out these plans without a clear understanding of the cost/benefit and there is evidence that some people lose money. It is worth considering whether you could save more effectively with a savings account and looking at savings and investments articles and a great deal more including finding out about pre-paid funeral plans and checking whether companies are registered. All of this and much more at: www.informationnow.org.uk

[Return to the top](#)

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