



Programme of Events

June 2018

View the list of local Events & Workshops currently taking place – this includes regular weekly events as well as one-off events. **We would recommend that you check with organisers before attending events in case there have been any changes to timings.** Contact details are included for each listing.

Regular Weekly Events:

Monday				
Event/Activity	Time	Venue	Cost	For further information
Tap Dancing	9.45-10.15	Blackfriars Hall, New Bridge Street	£1.50	Linda Williams 0191 4773559 Ext. 237
Art Club for over 55s	10.00-12.00	St Martin's Centre, Roman Way, Byker	£1	St Martin's Centre 0191 276 4002
Easy Walks (meet Eldon Square Bus Station)	10.15 (monthly)	TBC	TBC	Frances Child, Search Project 0191 273 7443
Beginners Tai Chi	10.15-11.15	Mindful Therapies, Basement, British India House, 15 Carlisle Square Newcastle	£4.50	Linda Williams 0191 477 3559 Ext. 237

Museum Mondays at various locations	10.30-12.00 2 nd Monday of each month	TBC	TBC	Frances Child, Search Project 0191 273 7443
Line Dancing	10.30-11.30	Blackfriars Hall, New Bridge Street	£4	Linda Williams 0191 477 3559 Ext. 237
Newburn Knitters	10.30-12.30	Newburn Library	FOC	Frances Child, Search Project 0191 273 7443
Flower Arranging	10.30-12.30 (fortnightly)	Cornerstone, 64 Armstrong Road, Benwell	£1	Search Project 0191 273 7443
Friendship Group - share experiences of bereavement or loss	10.30-12.00	Shieldsroad Cooperative Funeral Care		Pioneers Sarah 079 08103724 Anne (Funeral care) 0191 12762240
Milna Julna – social meet up for Asian women	10.30-2.00	Monkchester Green Bungalows, Community Centre, Walker	Bring along something for lunch	Lunch Links Joanne or Trisha 0300 3007070
Creative Writing	11.00-1.00	Venue in Newcastle	£3 to cover expenses	Mary or Ali on 286 7877 or 252 2971
Beginners Tai Chi for over 50s	11.20-12.20	Mindful Therapies, Basement, British India House, 15 Carliol Square Newcastle	£4.50	Linda Williams tel. 0191 477 3559 Ext. 237
Lunch Club	12.00-1.00	Byker Community Centre	£2	Byker Community Centre 0191 265 5777

Community Lunch	12.30-3.00	St Martin's Centre, Roman Way, Byker	£3.50	St Martin's Centre 0191 276 4002
West End Local History Programme	1.00-3.00 (monthly)	West End Library Condercum Road	Free	Search Project 0191 273 7443
Carpet Bowls	1.30-3.30	Robert Stewart Memorial Church, Wingrove Road	Annual Fee £5 £2/session 1 st session free	Helen 0191 273 3604
Yoga	2.00-3.20	Eldon Square Leisure Centre	£4.50	Linda Williams 0191 477 3559 Ext. 237
Happy Mondays craft project	2.00-4.00	Monkchester Green Bungalows Community Centre, Walker	70p towards tea/coffee/cake	Pioneers Sarah 079 08103724 Jade 079 61295837
Housebound Eucharist and afternoon tea	2.30 (2 nd Monday of each month)	Holy Cross Church 16 Whittington Grove Fenham	TBC	Sheila McVinnie 0191 242 1395
Adult Art Class	6.30-8.30	Jesmond Community Library	TBC	Jesmond Library 0191 281 2385
Tuesday				
Event/Activity	Time	Venue	Cost	For further information
Current Affairs Discussion Group	10.00-12.00	Jesmond Community Library	£3	Jesmond Library 0191 281 2385
Men's Club for retired gentlemen (with guest speaker)	10.30-11.30	Brunswick Methodist Church, Brunswick Place, Newcastle		Brunswick Methodist Church 0191 2321692

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Walking Football	10.30-11.30	Grainger Boys Club Scotswood Sports Centre	Free	Search Project 0191 273 7443
Tech and Tea	10.30-12.00	Outer West Library	TBC	Search Project 0191 273 7443
Knitting for everyone. Enjoy a natter, tea and biscuits	10.30-12.30	Key House, Tankerville Place, Jesmond	50p	Nick Ball, Skills for People Helping the disabled 0191 281 8737
Lord Clyde bistro – 2 course meal and chair exercises	11.00-2.00	Lord Clyde bistro Shields Road, Byker	£5 (Door to door transport with trained driver to assist - £10)	Joanne or Trisha 03003007070 (calls charged at local rate)
Unite Social Club	11.00-3.00	Tyneside Irish Club Gallowgate	Free	Bob Pinkerton 414 4537
Senior Fitness Group	11.45-1.30	Jesmond Community Leisure	£4	0191 281 2482
Sporting Chance	12.00-2.00 (2 nd / 4 th Tues of the month)	Scotswood Sports Centre, Denton Road,(opposite the Excelsior Academy)	£1 includes tea/coffee and butty	Search 0191 273 7443
‘Choose Day’ Friendship group- share ideas,have a go at whatever you fancy	12.30-2.30	St. George’s Church Newton Road, High Heaton	Refreshments provided	Lunch Links Sarah 079 08103724 Jade 079 61295837
Tai Chi	1.00-2.00	Sure Start Children's Centre, Woodlands, Newton Place, High Heaton	Free	0191 278 1350
Social Lunches	1.00-3.00	Harissa 31-35 Starbeck Ave Sandyford	Donation	0191 276 0595

Arts and Crafts	1.00-3.00	Sure Start Children's Centre, Woodlands, Newton Place, High Heaton	Free	0191 278 1350
Knit and Natter	1.00-3.30	Cornerstone, Armstrong Road	Free	Search Project 0191 273 7443
Music Appreciation Group	1.30 (every 2 nd / 4 th Tues of the month)	Fawdon Community Centre	Donation	Fawdon Community Centre 0191 285 2724
Argentine Tango	1.30-2.30	Robert Stewart Memorial Church, Wingrove Road	£1	Clare Levi, Search Project 0191 273 7443
Church Tea Club	1.30-3.00	St Martin's Centre, Roman Way, Byker	TBC	St Martin's Centre 0191 276 4002
IT Drop-in Club	1.30-3.30	Newburn Library	Free	Frances Child, Search 0191 273 7443
Tea Dance	1.30-3.30 (last Tues of the month)	Robert Stewart Memorial Church, Wingrove Road	£1	Search Project 0191 273 7443
Active Football for Men	2.00-3.00	Walker Activity Dome	TBC	Matty or Noel 0191 278 3129
Dementia Cafe	2.00-4.00	Tesco Extra, Brunto Lane, Kingston Park	Cost of tea/coffee	Caroline 0191 298 3989
Golf Group for Men	5.30-7.00pm	Parklands Golf Course High Gosforth Park	£5	Matty or Noel 0191 278 3129
Camera Club	6.00-8.00	Jesmond Community Library	£3	Jesmond Library 0191 281 2385

Play Reading Group	7.00-9.00	Jesmond Community Library	£3	Jesmond Library 0191 281 2385
Wednesday				
Event/Activity	Time	Venue	Cost	For further information
Elderberries – nature activities	9.30-2.30	Scotswood Natural Community Garden	Free	Leanne 0191 200 4706
Lunch Links Breakfast Club for over 55s	from 9.45am	The High Main, Wetherspoons, Shields Road, Byker		Joanna or Trisha on 0300 300 7070 (charged at local rate)
Art Class (enrolment each term)	10.00-12.00 (twice a month)	West End Library, Condercum Road	TBC	Search Project 0191 273 7443
Alzheimer's Society Drop in sessions	10.00-12.00 fortnightly	Treetops Village, Walker Road, Walker	Free	Faith Walkwell 0191 2983989
Computer Club	10.00-12.00	Search Project 74 Adelaide Terrace, Benwell	TBC	Search Project 0191 273 7443
Tai Chi for over 50s	10.15-11.15	Mindful Therapies, Basement, British India House, 15 Carliol Square, Newcastle	£4.50	Linda Williams 0191 477 3559 Ext. 237
Mile Castle Drop-in Session	10.30-12.30 (3 rd Wed of month)	Mile Castle Public House corner of Grainger Street/ Westgate Road	Free	Elders Council 0191 208 2701

Singing for your brain	10.30-12.30 (twice a month)	Riverview Lodge, Armstrong Road	TBC	Search Project 0191 273 7443
Chain Reaction Friendship Hub – enjoy a natter, trip or try something new	10.30-1.30 Starting 6 th June	Union Commercial House, 39 Pilgrim Street	Refreshments provided	Sarah 079 08103724 Jade 079 61295837
Line Dancing	10.15-11.15 11.20-12.20	Blackfriars Hall, New Bridge Street	£4	Linda Williams 0191 477 3559 Ext. 237
Wednesday Walks	Meet 10.15 (monthly)	From various points lasting 2-3 hours	Free	Search Project 0191 273 7443
Grainger Writers	10.30	Upstairs in Old George Public House, Bigg Market	TBC	Ciss Robinson 0191 597 4956
Tai Chi	10.15-11.15	Mindful Therapies, Basement, British India House, 15 Carliol Square, Newcastle	£4.50	Linda Williams 0191 477 3559 Ext. 237
Wellbeing for Life	10.30-12.00 (1 st Wed of month)	Jesmond Library	Free	Elders Council 0191 208 2701
Singing for your Brain	10.30-12.30 (fortnightly)	River View Lodge	Free	Search Project 0191 273 7443
Lunch Links	11.30 – 1.15	St. Georges Church, Church Hall, Jesmond	2 course meal, tea/coffee, juice & biscuits £5 Transport with trained driver £5	Joanna or Trisha 0300 300 7070 (charged at local rate)

Art in the Afternoon	1.00-3.00	Parish Hall, Holy Cross Church, Whittington Grove	Towards cost of hall	Barbara Bailes 0191 274 8898
Club Monthly Museum	1.30-3.00	Discovery Museum, Blandford Square	Refreshments provided	Search Office 0191 2737443 074 86442142
Computer Club	1.00-3.00	Search Project 74 Adelaide Terrace, Benwell	TBC	Search Project 0191 273 7443
Tai Chi	1.20-2.20	Gosforth Garden Village Association, Rosewood Ave, Gosforth	£4	Linda Williams 0191 477 3559 Ext. 237
Tai Chi	2.00-3.00	Denton Burn Community Association	£4	Linda Williams 0191 477 3559 Ext. 237
Board Games Club	2.00-4.00 (2 nd / 4 th Wed of month)	Jesmond Library	£2 includes refreshments	0191 278 4215
Monthly Outings Chain Reaction	Time to be confirmed when booking	Meeting point: outside the High Main Wetherspoons, Shields Road, Byker	Varies with trip	Joanna or Trisha 0300 300 7070 (charged at local rate)
Carpet Bowls	7.00-9.00	Robert Stewart Memorial Church, Wingrove Road	Annual Fee £5 £2 per session 1 st session free	Helen 0191 273 3604
Thursday				
Event/Activity	Time	Venue	Cost	For further information

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Fancy painting for fun on Thursdays?	10.00-12.00	Balliol Youth and Community Centre, Chesters Avenue, Longbenton	Free	Kim 0781 216 0984
Dementia Friendly Mobilise and Socialise integrated dance class	10.15-11.45	Church of the Holy Name North Jesmond Avenue	Free	0191 281 8255 (free transport available)
Exercise to Music	10.15-11.15	Eldon Square Leisure Centre	£4.50	Linda Williams 0191 477 3559 Ext. 237
Coffee Morning	10.30-1.30	St. James Church, Benwell Lane	TBC	Search Project 0191 273 7443
Carnival Arts Group Work alongside an artist to make items for carnivals around the city	10.30-1.00	Union Commercial House, 5 th Floor, 39 Pilgrim Street	Refreshments provided	Chain Reaction Sarah 07908103724 Jade 07961295837
Tyneside Retired Members Group	10.30 (last Thurs of month)	Brunswick Methodist Church	TBC	David Musgrave 0798 650 3903
Walking group	11-12.30	Westerhope Community Centre, Hillhead Road, Westerhope		0191 2673757
Open Air Yoga with ParkLives	11-12 noon	Gosforth Central Park	Free	TBC
Carer Support Group	12.30-2.30 Thursdays once a month	Tyneside Cinema Pilgrims Street		Gill Park 0191 2983989

Arts and Crafts	11.30-1.00	St Martin's Centre, Roman Way, Byker	£1	St Martin's Centre 0191 276 4002
Chair-based exercise	1.00-2.00	St Martin's Centre, Roman Way, Byker	£1	St Martin's Centre 0191 276 4002
The One 'O' Clock Club	1.00-3.00	St Martin's Centre, Roman Way, Byker	£1	St Martin's Centre 0191 276 4002
Crafts	1.00-3.30	Cornerstone, Armstrong Road	TBC	Search Project 0191 273 7443
Gentle Exercise	1.30-2.30	St James Church Benwell	TBC	Search Project 0191 273 7443
Art Club	1.00-4.00	Byker Community Centre	£5	Jan or Aly 0191 265 5777
Mature Movers 50+	1.30-2.30	St John's Church, Ferguson Lane	£1.50	Search Project 0191 273 7443
Mens over 50s circuits	2.00-2.45	Jesmond Pool	£4.50	Linda Williams 0191 477 3559 Ext. 237
Active Football for Men	2.00-3.00	Soccerworld (adjacent to Westgate College Campus)	TBC	Matty or Noel 0191 278 3129
Tea Club	2.00-4.00	Holy Name Parish Centre, off Towers Avenue	£2	0191 281 0940
Fit and Fruity – gentle chair based exercise plus fruity juices	2.00-4.00	Monkchester Green Bungalows, Community Centre, Walker		Lunch Links Joanna or Trisha 0300 300 7070 (charged at local rate)

Buyand Bite East –be taken to a supermarket for shopping then meet a Lunch Links member for a bit to eat.	Every 2 nd Thursday of the month	Venues vary and are chosen by members on the day. Pick up from home address		Joanna or Trisha 0300 300 7070 (charged at local rate)
Friday				
Event/Activity	Time	Venue	Cost	For further information
Monthly Dementia Friendly coffee morning	10.00-11.30 (First Fri of the month)	The Bradbury Centre, Darrel Street, Brunswick Village	Free	Rachel Fox 0191 217 1323
Yoga for over 50s	10.00-11.00	Heaton Acupuncture Clinic, 182 Portland Road	£6 or £5 for pensioners	Vicky 0796 355 1005
Computer Club	10.30-12.30	Search Project 74 Adelaide Terrace	TBC	Search Project 0191 273 7443
Over 60s Luncheon Club	12.00	Brunswick Methodist Church		Brunswick Methodist Church
Games for the Brain	1.00-2.30	Eldon Leisure Centre	Free	Laura 0191 298 3989
Dementia Friendly Sing and Socialise	11.00-12.00	St. George's Churh Hall Osborne Road, Jesmond	Free	281 8255 (free transport available)
Creative Writing Group	11.15-12.45	Jesmond Library		Jesmond Library 281 2385
Nifty over 50	11.30-12.15	Jesmond Pool	TBC	Jesmond Pool 0191 281 2482
Tai Chi (over 55s)	1.00-2.00	St. Martin's Centre, Roman Way, Byker	£1	St. Martin's Centre 0191 276 4002

Super Seniors: Seated Gentle Exercise Class	1.15-2.00	St. George's Reformed Church, Newton Road, High Heaton	£3	Ann 0797 9451 798
Gentle Exercise	1.30-2.30	Walbottle Village Institute The Green, Walbottle	TBC	Search Project 0191 273 7443
Film Club	2.00-4.00 Monthly	West End Library, Condercum Road	Free	Search Project 0191 273 7443
Saturday				
Event/Activity	Time	Venue	Cost	For further information
Art and Crafts Market	10.00-3.30 2nd Sat of the month	Jesmond Dene Visitors Centre (next to Pets Corner)	Free	Visitor Centre 0191 281 2082
Friends of the Laing Art Gallery –free art talk	11.00-11.45 Saturdays	Laing Art Gallery	Free	Laing Art Gallery 0191 278 1611
Sunday				
Event/Activity	Time	Venue	Cost	For further information
Sunday Social	2.30pm	Laing Art Gallery	Free	Jude 0300 300 7070
Monthly Piano Meetup Let's Play the Piano	2.00pm	Jesmond United Reformed Church	Free	Email: letsplaythepiano1234@gmail.com
Mindfulness	4.30-5.30	Jesmond Community Library	£2	Jesmond Library 0191 281 2385

Other Events

4 JUNE: Witty and informative talk by Sarah Munro, Director of the Baltic Contemporary Art Gallery
'The Grit and the Glamour: Delivering Cultural Led Mega Events and challenging perceptions of the North.

When: 5.30 – 8pm (Talk begins at 6.30pm)

Where: Cafe Culturel, Costa Coffee in Blackwell's Bookshop, 141 Percy Street (opp. Haymarket Metro)

For further information : www.cafeculturenortheast.org.uk

4 JUNE: CUPCAKE DAY

Register for a free Cupcake day fundraising kit and help raise funds for people affected by dementia

For further information : www.cupcakeday.org.uk

5 JUNE: ELDERBERRIES FREE WORKSHOPS: NATURAL CRAFTS

When: 10.30am-12.30pm

Where: Scotswood Natural Garden, Whickham View

Cost: TBC

For further information or to RSVP: Tel. Leanne 0191 200 4706

5 JUNE: BOOK GROUP - 'The Black House' by Peter May.

Want to discuss the book you have read with others? This is a small, informal group and they generally read fiction. New members very welcome.

When: First Tuesday of every month from 12.30pm -1.30 pm

Where: Carriage Pub, Old Jesmond Station, Jesmond

16 JUNE: TYNE AND WEAR ARCHAEOLOGY DAY

The first Tyne and Wear Archaeology Day will feature illustrated talks by archaeologists to celebrate the rich and diverse archaeology of Newcastle, Gateshead, North Tyneside, South Tyneside and Sunderland

When: 10.00 am – 4.30 pm

Where: Banqueting Suite, Newcastle Civic Centre

Cost: Tickets cost £9.

For further information: visit www.newcastle.gov.uk/planning-and-buildings. Click 'Conservation, heritage, archaeology and urban design.

16 & 17th JUNE: GREAT NORTHERN SOUL MUSIC AND BOILER SHOP are hosting an all day party with the best Soul and Funk DJs, live music and food from some of the North East's finest vendors. The Grind will be cooking up 'Newcastle's best burger' plus brand new street food kitchen.

When: 1pm-12am

Where: Boiler Shop, South Street, NE1 3PE

Cost: Tickets at the door. £5 before 5pm and £10 after 5pm

For further information : 0191 300 6162 or www.boilershop.net

18 JUNE: ELDERBERRIES FREE WORKSHOPS: NATURAL CRAFTS

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When: 10.30am-12.30pm

Where: Scotswood Natural Garden, Whickham View

Cost: TBC

For further information or to RSVP: Tel. Leanne 0191 200 4706

20 JUNE: TRIP TO PRESTON PARK MUSEUM AND GROUNDS

Close to Stockton, Preston Park is a combination of history and nature. Discover the Hall and its treasures; experience what life was like in 1895 along the replica Victorian Street. Enjoy a walk in the landscaped grounds, walled kitchen orchard and see the famous butterfly House.

When: 10.00am – return for 4.30pm

Where: Departing Lidl's car park Benwell

Cost: £3.00 for trip and £1.50 for entrance to Preston Park

To book: Tel: 0191 2737443 or pop into Search on Adelaide Terrace.

20th JUNE: 5k SUNSHINE RUN

Pop your running shoes on and workout for a great cause this June. The Sunshine Fund's 5k Sunshine Run is back for 2018 a great way to get active and raise funds for children with disabilities in the North East of England. The race will be started by Paralympian Stephen Miller . There is an entry fee of £20

www.sunshine-run.org.

22ND JUNE – OPENING OF THE GREAT EXHIBITION OF THE NORTH

Produced by Elders Council of Newcastle, Room 2.29, Biomedical Research Building, Campus for Ageing and Vitality, Nuns Moor Road, Newcastle upon Tyne, NE4 5PL. Tel: 0191 208 2701 Email: info@qualityoflife.org.uk .

A free, summer-long celebration for everyone of the North of England's pioneering spirit. The country's biggest event in 2018, it will pack a programme of amazing exhibits, live performances, displays of innovation, new artworks and unforgettable experiences into 80 days.
Full programme of events on : <https://getnorth2018.com>

26/28th JUNE: SINGING FOR THE BRAIN

Each session starts with a range of activities including vocal warm-up and singing a variety of familiar and new songs. You do not need to be able to sing to join in and have fun. These sessions are held twice a month. Refreshments are available.

When: 2.00pm - 4.00pm

Where: Northern Stage, Barras Bridge

Cost: Free

For further information: Tel: Caroline Harding 0191 298 3989

CRACK IT! - 7 WEEK COURSE –Every Wednesday

Do you need some advice on how to work your phone, computer or tablet or set up an email account? Sign up for a 7 week basic course to get you started.

When: 11.00 – 1.00

Where: New England House, 3rd floor, 10 Ridley Place, NE1 6QE

For further information and to sign up: Jude 03003007070 or Jade 07961295 837

Ageing Well: Falls - A 4 week free online interactive course (2 hours per week)

Explore why people fall; discover practical methods to reduce the risk of falling and recognise when to seek expert help. Meet people who have been affected by falls in video case studies and discuss together, with experts, the most important issues raised in this informative, practical and enlightening course.

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Walkers and Ramblers - There is a new heritage route for all walkers and ramblers. This one is about 80 miles long and generally follows the boundary of the former Tyne and Wear Metropolitan District. It's divided into sections each roughly 9 miles in length; each of these sections is accessible by public transport (get the most out of your bus-passes). Shorter rambles are also available. Go to www.TyneWearHeritageWay.org.uk to download maps and walk instructions.

Free and fun cycling activities for anyone returning to cycling or getting on the saddle for the first time. Activities include getting your bike checked and taking part in a social guided ride. All activities are free and many have bikes and helmets for you to use. To find a free bike event near you in Newcastle. visit www.cyclinguk.org/bigbikerevival/events