



Programme of Events

April 2018

View the list of local Events & Workshops currently taking place – this includes regular weekly events as well as one-off events. **We would recommend that you check with organisers before attending events in case there have been any changes to timings.** Contact details are included for each listing.

Regular Weekly Events:

Monday:				
Event/Activity	Time	Venue	Cost	For further information
Tap Dancing	9.45-10.15	Blackfriars Hall, New Bridge Street	£1.50	Linda Williams tel. 0191 477 3559 Ext. 237
Art Club for over 55s	10.00-12.00	St Martin's Centre, Roman Way, Byker	£1	St Martin's Centre 276 4002
Easy Walks (meeting at Eldon Square Bus Station)	10.15 (monthly)	TBC	TBC	Frances Child, Search Project 273 7443
Beginners Tai Chi for beginners	10-15-11.15	Mindful Therapies, Basement,	£4.50	Linda Williams tel. 0191 477 3559

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		British India House, 15 Carliol Square, Newcastle		Ext. 237
Museum Mondays at various locations	10.30-12.00 (2 nd Monday of each month)	TBC	TBC	Frances Child, Search Project 273 7443
Line Dancing	10.30-11.30	Blackfriars Hall, New Bridge Street	£4	Age Linda Williams tel. 0191 477 3559 Ext. 237
Newburn Knitters	10.30-12.30	Newburn Library	FOC	Frances Child, Search Project 273 7443
Flower Arranging	10.30-12.30 (fortnightly)	Cornerstone, 64 Armstrong Road Benwell	£1	Search Project 273 7443
Creative Writing	11.00-1.00	Venue in Newcastle	£3 to cover expenses	Mary or Ali on 286 7877 or 252 2971
Beginners Tai Chi for over 50s	11.20-12.20	Mindful Therapies, Basement, British India House, 15 Carliol Square, Newcastle.	£4.50	Linda Williams tel. 0191 477 3559 Ext. 237
Lunch Club	12.00-1.00	Byker Community Centre	£2	Byker Community Centre 265 5777
Community Lunch	12.30-3.00	St Martin's Centre, Roman Way, Byker	£3.50	St Martin's Centre 276 4002
West End Local History	1.00-3.00	West End Library	Free	Search Project

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Programme	(monthly)	Condercum Road		273 7443
Carpet Bowls	1.30-3.30	Robert Stewart Memorial Church, Wingrove Road	Annual Fee £5 then £2/session (1 st session free)	Helen 273 3604
Yoga	2.10-3.20	Space 6, Commercial Union House Pilgrim Street	£4.50	Linda Williams tel. 0191 477 3559 Ext. 237
Housebound Eucharist and afternoon tea	2.30 (2 nd Monday of each month)	Holy Cross Church 16 Whittington Grove Fenham	TBC	Sheila McVinnie 242 1395
Adult Art Class	6.30-8.30	Jesmond Community Library	TBC	Jesmond Library 281 2385

Tuesday:

Event/Activity	Time	Venue	Cost	For further information
Current Affairs Discussion Group	10.00-12.00	Jesmond Library	£3	Tel. 0191 281 2385
Walking Football	10.30-11.30	Grainger Boys Club Scotswood Sports Centre	Free	Search Project 273 7443
Tech and Tea	10.30-12.00	Outer West Library	TBC	Search Project 273 7443
Keep Fit	TBC	Space 6,	£4.50	Linda Williams

		Commercial Union House Pilgrim Street		tel. 0191 477 3559 Ext. 237
Unite Social Club	11.00-3.00	Tyneside Irish Club Gallowgate	Free	Bob Pinkerton 414 4537
Senior Fitness Group	11.45-1.30	Jesmond Community Leisure	£4	Tel. 281 2482
Sporting Chance	12.00-2.00 (second and fourth Tuesday of the month)	Scotswood Sports Centre, Denton Road (opposite the Excelsior Academy)	£1 includes tea/coffee and butty	Search 273 7443
60+ Pilates Course	12.15-1.15	Jesmond Community Leisure	TBC	Tel. 281 2482
Tai Chi	1.00-2.00	Sure Start Children's Centre, Woodlands, Newton Place, High Heaton, NE7 7HD	Free	Tel. 278 1350
Social Lunches	1.00-3.00	Harissa 31-35 Starbeck Ave Sandyford	TBC	0191 276 0595
Arts and Crafts	1.00-3.00	Sure Start Children's Centre, Woodlands, Newton Place, High Heaton, NE7 7HD	Free	Tel. 278 1350
Knit and Natter	1.00-3.30	Cornerstone, Armstrong Road	Free	Search Project 273 7443
Music Appreciation Group	1.30 (every	Fawdon Community	Donation	Fawdon Community

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	2nd and 4th Tuesday of the month)	Centre		Centre 285 2724
Argentine Tango	1.30-2.30	Robert Stewart Memorial Church, Wingrove Road	£1	Clare Levi, Search Project 273 7443
Church Tea Club	1.30-3.00	St Martin's Centre, Roman Way, Byker	TBC	St Martin's Centre 276 4002
IT Drop-in Club	1.30-3.30	Newburn Library	Free	Frances Child, Search Project 273 7443
Tea Dance	1.30-3.30 (last Tuesday of the month)	Robert Stewart Memorial Church, Wingrove Road	£1	Search Project 273 7443
Active Football for Men	2.00-3.00	Walker Activity Dome	TBC	Matty or Noel 278 3129
Golf Group for Men	5.30-7.00pm	Parklands Golf Course High Gosforth Park	£5	Matty or Noel 278 3129
Camera Club	6.00-8.00	Jesmond Community Library	£3	Jesmond Library 281 2385
Play Reading Group	7.00-9.00	Jesmond Community Library	£3	Jesmond Library 281 2385
Wednesday:				
Event/Activity	Time	Venue	Cost	For further information
Elderberries – nature activities	9.30-2.30	Scotswood Natural Community Garden	Free	Leanne 0191 200 4706
Lunch Links Breakfast Club for over 55s	from 9.45am	The High Main, Wetherspoons, Shields Road, Byker		Joanna or Trisha on 0300 300 7070 (charged at local rate)

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Art Class (enrolment each term)	10.00-12.00 (twice a month)	West End Library, Condercum Road	TBC	Search Project 273 7443
Computer Club	10.00-12.00	Search Project 74 Adelaide Terrace, Benwell	TBC	Search Project 273 7443
Tai Chi for over 50s	10.15-11.15	Mindful Therapies, Basement, British India House, 15 Carliol Square, Newcastle.	£4.50	Linda Williams tel. 0191 477 3559 Ext. 237
Mile Castle Drop-in Session	10.30-12.30 (3 rd Wed of month)	Mile Castle Public House corner of Grainger Street/ Westgate Road	Free	Elders Council 0191 208 2701
Singing for your brain	10.30-12.30 (twice a month)	Riverview Lodge, Armstrong Road	TBC	Search Project 273 7443
Line Dancing	10.15-11.15 & 11.20-12.20	Blackfriars Hall, New Bridge Street	£4	Linda Williams tel. 0191 477 3559 Ext. 237
Wednesday Walks	Meet 10.15 (monthly)	From various points lasting 2-3 hours	Free	Search Project 273 7443
Grainger Writers	10.30	Upstairs in Old George Public House, Bigg Market	TBC	Ciss Robinson 0191 597 4956
Tai Chi	10.15-11.15	Mindful Therapies, Basement, British India House, 15 Carliol Square,	£4.50	Linda Williams tel. 0191 477 3559 Ext. 237

		Newcastle.		
Wellbeing for Life	10.3-12.00 (1 st Wed of month)	Jesmond Library	Free	Elders Council 0191 208 2701
Singing for your Brain	10.30-12.30 (fortnightly)	River View Lodge	Free	Search Project 273 7443
Art in the Afternoon	1.00-3.00	Parish Hall, Holy Cross Church, Whittington Grove	Towards cost of hall	Barbara Bailes 274 8898
Computer Club	1.00-3.00	Search Project 74 Adelaide Terrace, Benwell	TBC	Search Project 273 7443
Tai Chi	1.20-2.20	Gosforth Garden Village Association, Rosewood Ave, Gosforth	£4	Linda Williams tel. 0191 477 3559 Ext. 237
Tai Chi	2.00-3.00	Denton Burn Community Association	£4	Linda Williams tel. 0191 477 3559 Ext. 237
Board Games Club	2.00-4.00 (2 nd and 4 th Wed of month)	Jesmond Library	£2 includes refreshments	278 4215
Carpet Bowls	7.00-9.00	Robert Stewart Memorial Church, Wingrove Road	Annual Fee £5 then £2/session (1 st session free)	Helen 273 3604
Thursday:				

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Event/Activity	Time	Venue	Cost	For further information
Fancy painting for fun on Thursdays?	10.00-12.00	Balliol Youth and Community Centre, Chesters Avenue, Longbenton	Free	Kim on 0781 216 0984
Dementia Friendly Mobilise and Socialise integrated dance class	10.15-11.45	Church of the Holy Name North Jesmond Avenue	Free	281 8255 (free transport available)
Coffee Morning	10.30-1.30	St. James Church, Benwell Lane	TBC	Search Project 273 7443
'Even Fitter'	10.30-11.30	Space 6, Commercial Union House Pilgrim Street	£4.50	Linda Williams tel. 0191 477 3559 Ext. 237
Tyneside Retired Members Group	10.30 (last Thursday of month)	Brunswick Methodist Church	TBC	David Musgrave 0798 650 3903
Open Air Yoga with ParkLives	11-12 noon	Gosforth Central Park	Free	TBC
Arts and Crafts	11.30-1.00	St Martin's Centre, Roman Way, Byker	£1	St Martin's Centre 276 4002
Chair-based exercise	1.00-2.00	St Martin's Centre, Roman Way, Byker	£1	St Martin's Centre 276 4002
The One 'O' Clock Club	1.00-3.00	St Martin's Centre, Roman Way, Byker	£1	St Martin's Centre 276 4002
Crafts	1.00-3.30	Cornerstone, Armstrong Road	TBC	Search Project 273 7443
Gentle Exercise	1.30-2.30	St James Church Benwell	TBC	Search Project 273 7443

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Art Club	1.00-4.00	Byker Community Centre	£5	Jan or Aly 265 5777
Mature Movers 50+	1.30-2.30	St John's Church, Ferguson Lane	£1.50	Search Project 273 7443
Mens over 50s circuits	2.00-2.45	Jesmond Pool	£4.50	Linda Williams tel. 0191 477 3559 Ext. 237
Active Football for Men	2.00-3.00	Soccerworld (adjacent to Westgate College Campus)	TBC	Matty or Noel 278 3129
Tea Club	2.00-4.00	Holy Name Parish Centre, off Towers Avenue	£2	Tel. 281 0940
Friday:				
Event/Activity	Time	Venue	Cost	For further information
Yoga for over 50s	10.00-11.00	Heaton Acupuncture Clinic, 182 Portland Road	£6 or £5 for state pensioners)	Vicky 0796 355 1005
Computer Club	10.30-12.30	Search Project 74 Adelaide Terrace	TBC	Search Project 273 7443
Dementia Friendly Sing and Socialise	11.00-12.00	St. George's Church Hall Osborne Road, Jesmond	Free	281 8255 (free transport available)
Nifty over 50	11.30-12.15	Jesmond Pool	TBC	Jesmond Pool 0191 281 2482
Tai Chi (over 55s)	1.00-2.00	St. Martin's Centre, Roman Way, Byker	£1	St. Martin's Centre 276 4002
Super Seniors: Seated Gentle Exercise Class	1.15-2.00	St. George's Reformed Church, Newton Road,	£3	Ann 0797 9451 798

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		High Heaton		
Gentle Exercise	1.30-2.30	Walbottle Village Institute The Green Walbottle	TBC	Search Project 273 7443
Film Club	2.00-4.00 Monthly	West End Library, Condercum Road	Free	Search Project 273 7443
Saturday:				
Event/Activity	Time	Venue	Cost	For further information
Art and Crafts Market	10.00-3.30 2nd Saturday of the month	Jesmond Dene Visitors Centre (next to Pets Corner)	Free	Visitor Centre 281 2082
Sunday:				
Event/Activity	Time	Venue	Cost	For further information
Sunday Social	2.30pm	Laing Art Gallery	Free	Jude 0300 300 7070
Mindfulness	4.30-5.30	Jesmond Community Library	£2	Jesmond Library 281 2385

Other Events:

6 APRIL: ELDERBERRIES FREE WORKSHOPS: HAPA-ZOME!

Make your own canvas shopping bag with a unique natural print.

When: 10.30am-12.30pm

Where: Scotswood Natural Garden, Whickham View

Cost: TBC

For further information or to RSVP: Tel. Leanne 0191 200 4706

9-20 APRIL: STRUM AND SING SESSIONS

If you fancy learning to play the ukulele free taster sessions will be held, at various venues in Jesmond. It doesn't matter if you have no previous musical experience.

When:

- Monday 9 April, 2.30-3.15, Fleming Court, Burdon Terrace
- Monday 16 April, 2.30-3.15, Fleming Court, Burdon Terrace
- Friday 20 April, 10-10.45, Woodland Mews, Reid Park Road

Following the taster sessions, further weekly sessions will take place from Friday 27 April - 6 July, 10-0.45am at St George's Church Hall, Osborne Road. Transport is available for those who need it

For further information: Tel. 0191 281 8255

25 APRIL: LUNCH LINKS MONTHLY OUTINGS FOR OVER 55s

When: Wednesday, 28 March 2018

Where: The Salt House, Cullercoats (meeting at The High Main, Wetherspoons, Shields Road, Byker)

Cost: TBC

For further information: Joanna or Trisha on 0300 300 7070 (charged at local rate).

26 APRIL: TYNESIDE CINEMA DEMENTIA FRIENDLY CINEMA

Screening of Summer Holiday

When: 1.30pm

Where: Tyneside Cinema, Pilgrim Street

Cost: Tickets are £4.50 with a carer going free

For further information: Call the box office on 0191 227 5500. If you require wheelchair accessible or stair-free seating it is strongly recommended you book in advance of the screening.

10 MAY: ALZHEIMER'S RESEARCH

When: 2.00pm

Where: Civic Centre, Newcastle

Cost: Free

For further information or for bookings: Places must be booked in advance – tel. 0191 208 1342.

18 MAY: ELDERBERRIES FREE WORKSHOPS: SHORT WALK

When: 10.30am-12.30pm

Where: Scotswood Natural Garden, Whickham View

Cost: TBC

For further information or to RSVP: Tel. Leanne 0191 200 4706

17 MAY: PUT A SONG IN YOUR HEART

Entertainment and afternoon tea are provided by the children and the school, and then everyone sings together.

When: 2.00-4.00pm

Where: Chapman House, Newcastle High School for Girls, Junior Department, Sandyford Road

Cost: Free of charge

For further information: Tel. 0191 208 2701

24 MAY: FUN AND FITNESS FOR OVER 50S

This is an afternoon celebrating Ways to Wellbeing, by trying out some new activities that are healthy and fun.

When: 2.00-4.00pm

Where: Ouseburn Parks Visitor Centre, Jesmond Dene

Cost: Free of charge

For further information: Tel. 0191 208 2701

18 JUNE: ELDERBERRIES FREE WORKSHOPS: NATURAL CRAFTS

When: 10.30am-12.30pm

Where: Scotswood Natural Garden, Whickham View

Cost: TBC

For further information or to RSVP: Tel. Leanne 0191 200 4706